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# THE ENGLISH NAVIGATOR

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## International Friendship Day

## Editorial



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To extend the joyful celebration of the 60<sup>th</sup> anniversary of Henrietta Secondary School, we held the Open Days last January. Hundreds of visitors, students and staff gathered together and witnessed the great event. In this volume, we will highlight different activities and we are sure you will enjoy finding out how much fun the Open Days were. Moreover, the theme of Friendship will also provide you with some interesting ideas of how Henrietta students look at this topic.

# International Friendship Day

The first Sunday of every August is International Friendship Day. This year, the Friendship Day is on 6<sup>th</sup> August. It is a great time to show your friends your appreciation, your care and concern.

To celebrate the Day, you may:

- write a nice card for your friends;
- buy them a small gift;
- give them a big hug;
- write them a Friendship poem;
- call those old friends whom you haven't talked to for a long time  
("Make new friends and keep the old. One is silver and the other gold!");
- host a Friendship dinner party.

## Our Say

**Friends**

**F.2F Sally Lam**



Do you know how important friends are? We cannot live without friends. When we have problems, we can talk to our friends and they will help us. We will be very lonely if we have no one to share our ups and downs.

Some people judge their friends by their appearance. In fact, inner beauty is much more important. We should try to understand one's personality clearly before we make friends with him/her.

We should treasure our friends. We ought to meet our friends more, by going out with them, playing sports with them or studying with them. Otherwise, we may lose them.

My best friend in the class is Justina Lui. We usually do homework and talk about our problems together. Although we have quarrels sometimes, I still feel lucky to be her friend. I hope that our friendship will last forever.

**F.2F Shermen Li**

Friends are very important to us. They can make you happy and sometimes, surprised! How many good friends do you have? I usually go out with my best friends. We sing karaoke, watch films, dine out and play badminton together. We all feel very happy.

The best friends of mine were my primary schoolmates. Although I cannot often meet them, I chat with them on MSN. Sometimes, we go back to our primary school and visit our teachers.

If we had no friends, we would be upset all the time. So we need to love our friends and cherish our friendships. Do you want to have more friends who care and love you? If so, you need to make more friends!



# Famous Friendship Quotes



**Mother Teresa**  
(德蘭修女)

"If you judge people, you have no time to love them."

"What is a friend? A single soul in two bodies."

"Without friends no one would choose to live, though he had all other goods."

**Aristotle**  
(亞里士多德)  
*a philosopher*

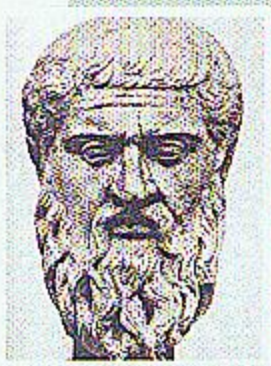


**Oscar Wilde**  
(王爾德)  
*a writer*

"A true friend stabs you in the front."

**Martin Luther King Jr.**  
(馬丁路德)

"In the end, we will remember not the words of our enemies, but the silence of our friends."



**Plato**  
(柏拉圖)  
*a philosopher*

"Friends have all things in common."

**Charles Dickens**  
查理士狄更斯  
*a novelist*

"Friendship? Yes Please."



Quotes from the Bible

"Friends always show their love. What are brothers for if not to share troubles?" - *Proverbs 17:17*

"An honest answer is the sign of true friendship." - *Proverbs 24:26*

"A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses." - *Proverbs 27:19*

# Is Your Friend a True Friend?



This is a quiz to see if your friend is a true friend. Answer each question by choosing A, B, or C truthfully. Keep a specific friend in mind while you are doing so.

1. Is your friend there when you really need him/her?

A. yes    B. no    C. sometimes

2. Does your friend boss you around?

A. yes    B. no    C. sometimes

3. Can you trust your friend?

A. yes    B. no    C. sometimes

4. Does your friend talk about you behind your back?

A. yes    B. no    C. sometimes

5. Is your friend someone you can always talk to?

A. yes    B. no    C. sometimes

6. Does your friend ever make you feel left out?

A. yes    B. no    C. sometimes

7. Does your friend act differently when he/she is around other people you don't know, such as other more popular friends?

A. yes    B. no    C. sometimes



## Grading Scale

1.	A = 2 points	B = 0 points	C = 1 point
2.	A = 0 points	B = 2 points	C = 1 point
3.	A = 2 points	B = 0 points	C = 1 point
4.	A = 0 points	B = 2 points	C = 1 point
5.	A = 2 points	B = 0 points	C = 1 point
6.	A = 0 points	B = 2 points	C = 1 point
7.	A = 0 points	B = 2 points	C = 1 point

## Interpretations

If you have scored between the range of 11-14 points, then your friend is ideal. He/She is there for you if you have any problems and you enjoy being with him/her. He/She is loyal to you no matter who he/she is with.

If you have scored between the range of 6-10, then you have a good friend. Most of the time he/she is there for you, but sometimes he/she makes mistakes with your friendship. In a time of crisis he/she will be loyal, but at other times he/she might hurt your feelings. You should work on your friendship and show him/her what a true friend acts like.

If you have scored between the range of 0 to 5, then you should think about why you are friends with this person. From this quiz, you do not think that this friend will be there for you and many times he/she hurts your feelings more than makes you feel good. There are a lot of people out there that can be good friends, and you should really think as to why you are friends with this person.

# Friendship

Interviews by Richy Shea,  
Phoebe Tsang, Winnie Ha,  
Jacqueline Yung and Beatrice Yip



## Cheung Chi Leung (Physics teacher)

I think real friends care about each other and are willing to help each other. Willingness to forgive your friends is also important. It's not difficult for me to form lasting friendships. It's because my friends and I will help each other when problems arise. We won't let the problems get worse. I like making friends with some good guys, someone who is kind and never harms other people. When I was a student, I often went camping with my friends. We also loved hiking and seeing films, but we seldom went swimming. If I have no friends, my life will be gloomy.



## Wong Ping Hong 1B

It's easy to make friends, but difficult to form lasting friendships. Friends may quarrel or argue sometimes. I would like to make friends with people who are kind and know lots of things, such as playing magic. I usually play badminton with my friends. I love chatting with them too. I think if I have no friends, I will be as lonely as a beggar.

## Pau Hoi Wah (Chemistry teacher)

I think good friends should understand each other very well. They can also support each other and can talk about anything. It's easy for me to make friends because I am outgoing and I like joking. I expect my friends to be honest and considerate. If I don't have friends, I will feel bored and lonely since I have no one to talk to and I will feel helpless too.



## Wong Kin Lung 4C

Real friendship is to make friends with our heart. It's easy for me to make friends because I am handsome. (Just kidding!) Actually, I am a funny and cheerful person and I like joking. However, it's difficult to keep lasting friendship. If you can't see your friends very often, you won't have the chance to talk with them and soon the passion may die down. I like making friends with cheerful people. They do not get angry easily, but give you support when you get into trouble. If I don't have friends, I will become cool and quiet. I will not talk with other people and I don't think I can study well.

## Leung Choi Wan (Discipline Mistress)

I think good friends should care about each other. We can share happiness and unhappiness. A good friend should also have a kind heart. In my daily life, it's easy to make 'hi-bye friends'. But I think it's quite difficult to find a real good friend that I can trust deeply.





### Ma Yuen Fat (Principal)

It takes time to form close and lasting friendships. I have a very good friend. We have known each other for 20 years and we meet each other sometimes. I feel relaxed and comfortable when I am with him. If I have no friends, I think I will be lonely and bored. I can still survive without friends, but my life will be colourless and not exciting anymore.



### Hui Po Ying 4B

In my opinion, a good friend should be someone whom I can trust and rely on. I can share my secrets and problems with him / her. He / She should be both loyal and honest because good friends will never lie to each other. I have a few good friends at Henrietta. I guess it's not difficult to make friends at all. However, developing an intimate relationship with your friends is the most difficult. I am dying to make friends with those who are easy-going, fun-loving, extroverted and cheerful. I usually go shopping, have lunch and sing karaoke with my friends. If I had no friends, I would definitely suffer from loneliness and depression because friends are a part of my life. Friends really make my life splendid and fascinating.

### Li Wai Tat 4C

A good friend is someone who is willing to help others. He / She can always pass positive messages to others and remind others when they make mistakes or do something wrong. Besides, a good friend should be a good listener who can often offer support and encouragement. I guess potential friends are everywhere. But it's not easy to meet someone who shares the same interests, values and attitudes. I am eager to make friends with someone who is kind-hearted, ambitious, sociable, caring and with a great sense of humour. What I usually do with my buddies are chatting, having lunch together, jogging, going to the library or simply hanging around and having fun together. If I had no friends, I would be really lonely and isolated. My life would become colourless and meaningless. I would have no one to talk to. No one would share my happiness and sadness. It's just like living on a remote island.



## A Friendship Poem

Author: Unknown

Are you my friend?



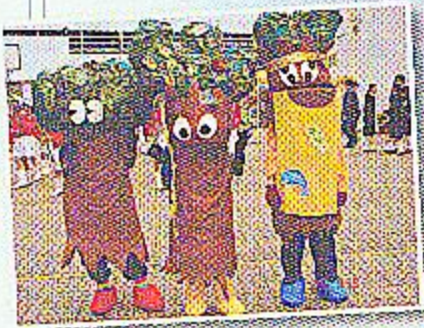
*Written with a pen  
sealed with a kiss...  
If you are my friend,  
please answer this.  
Are we friends  
or are we not?  
You told me once  
but i forgot.  
So tell me now  
and tell me true.  
So i can say...  
I'm here for you.  
Of all the friends  
I've ever met,*

*you're the one  
I won't forget.  
And if i die  
before you do,  
I'll go to heaven  
and wait for you.  
I'll give the angels  
back their wings  
and risk the loss  
of everything,  
just to prove my  
friendship is true  
to have a friend like you!*

# School Open Days



The School Open Days were held on January 20-21, 2006. The purpose of the Open Days was to let our neighbours know more about our school and our service to the community. There was a variety of talent shows and stalls organized to allow our students to demonstrate what they have learnt at school on a daily basis. The atmosphere was very happy.



Tree Mascots brought an appealing opening to the Open Days.



Talent Shows allowed students to demonstrate their musical and drama skills.



We were pleased to invite the president of the Legislative Council of the Government of the Hong Kong Special Administrative Region, Hon Mrs Rita Fan Hsu Lai-tai, GBS, JP to be our guest of honor at the opening ceremony of the Open Days.



'English Café' was one of the interesting English-interactive activities organized at the English Self-Access Learning Centre.

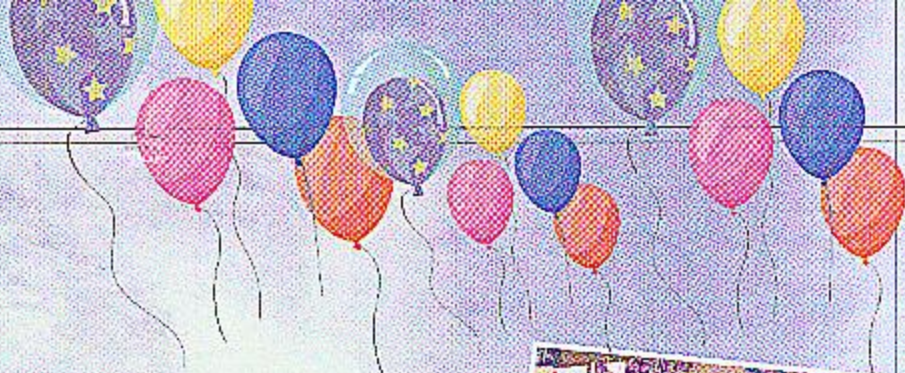
Visitors were cordially served by our students in an English-speaking setting.



Visitors from our neighbourhood.

Board games allowed participants to exchange their skills.





Local primary school visitors found the English learning facilities fun and exciting at the English Self-access Learning Centre.



Mr. Ronnie Wong, our English teacher, demonstrated his caricaturing skills at one of the outdoor stalls.



Display boards let parents how our School develops learning through different



and other visitors know students' English effective policies.



A special guest was invited to make impressive flour dolls as gifts for visitors. They were free of charge. See how cute they were!



Other stalls were set up for different handicraft making. Crowds of visitors found them interesting.

