

Volume 9 Jan 2007



# THE ENGLISH NAVIGATOR

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## Editorial

### EDITORIAL TEAM:

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Promoting English is always the mission of our school. In order to provide students with an authentic English-learning environment, the English Department organized a study tour to Coffs Harbour, Australia last July. The trip was significant to our school not only because it was the first overseas study tour ever organized but also because it broadened students' horizons. In this volume, two students will share their invaluable experience of the trip which we hope will inspire others towards English learning.

Australia is one of the cleanest countries in the world and highly emphasizes environmental protection. Compared with her, Hong Kong should put more effort in improving its pollution and waste disposal problems. Therefore, it is hoped that our theme, 'recycling' can arouse students' concern about the issue.

Cheung Fu Wah, Frederick  
(Chief Editor)



# School Events



Participants at the Senior English Assembly

The junior and senior English assemblies were held respectively in November 2006. Teachers designed some interesting games and questions for students in order to promote English learning. Students could really actively participate in the activities.



A contest among junior classes



Mr. Wong Lai Keung, Ms. Kwan Sin Man and other performers at the programme of 'English folk songs'

Yellow Castle is always the platform for students to perform English arts. The programme has been running for four years during which many students have learnt how to appreciate a variety of ways towards English learning.



Ms. Standing singing her country's folk songs



A religious week was held in October 2006. A variety of evangelistic activities was held to promote Christianity to students. One of the highlights was an evangelistic magic show that attracted over hundred students to gather at the covered playground.



Sharing of Christ's love



Athletes waiting for the race

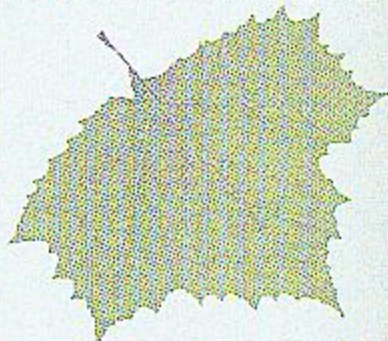
Thanks to teachers and students' donations, more than thirteen thousand dollars was raised from the Charity Campus Run this year.



'Catch me if you can!'  
A slogan of the most creative team jersey



Energetic Cheering Groups





# Summer Study Tour 2006

Relocated 558 km northeast of Sydney and most famous for the giant man-made Big Banana at the northern end of town, Coffs Harbour is one of the largest regional cities in NSW. Golden beaches, lush green rainforests, world-class quality accommodation and a multitude of fantastic attractions make this the ideal setting for the perfect holiday.



Henrietta Secondary School's first overseas study tour was successfully held last summer. Two English teachers, Mr. Cheung Fu Wah, Frederick and Ms. Li Yan, Joy with eighteen students made the unforgettable trip to the picturesque Coffs Harbor for two weeks. The tour was mainly to let students experience an exotic Australian culture and expose themselves to English but they could enjoy the glorious subtropical relaxation there as well.



English class in SCU

Senior students were organized to join a short-study programme in Southern Cross University (SCU) while the Junior students went to join the Sawtell School for an intensive English-speaking programme during the tour.



Exquisite Barbeque with homestay families, Yummy!

Through this trip, students could not only touch the life of Aussies but also learn a valuable lesson ~ competent English command is highly demanded.

Friends from Southern Cross University



Richy's buddy in Coffs



Break!!!  
Exciting tobogganing for Miyako!



An international Conference

Campus of Southern Cross University



Sawtell Students



Jo and his pals!

What a great recreation for Katrina in Coffs!



Indoor Climbing



Candy's happy horseride



Yahoo! We are on the Gold Coast





## ***Fascinated with Coffs Harbor, Australia***

***by Fan Man Wai, Katrina (Form 7B)***

G'day mate! I'm glad to have this chance to share with you all my amazing adventures from joining the study tour to Australia during the last summer holiday. It's absolutely the best experience of my life-time.

Living with my host family, having lessons with my buddies, visiting some breath-taking scenic spots, going horse riding, being zero-distanced with the Australian animals...all of the above were included in my trip. And the highlight of my entire tour was living with my homestay.

Most Australians are noted for their hospitality, and my host family, of course, is not excluded. They treated me really nicely and they made my 10-day stay more impressive and fruitful. One interesting thing was that my host sister was the same age as me and that made us really close to each other. Besides, my host mum and dad were actually very young so we treated one another like friends rather than parents and daughter. Many silly jokes were made among us all the time!

Before I took this trip, I was a little bit worried that the cultural differences between the two countries, China and Australia, would build up some barriers between my homestay and myself. However, their friendliness and passion overwhelmed all conflicts and we lived harmoniously all the time.

The trip really gave me heaps of unforgettable memories. The valuable friendship between my host family and myself will last forever and I am sure we will not forget each other for the rest of our lives. I came back to Hong Kong with tears and laughter. I shall never forget this precious experience in my life.



## ***My First Experience - Shea Wai Yip, Richy (Form 5C)***



It is the first time I have taken part in a study tour to Australia. Australia is completely different from Hong Kong. It is just beautiful, pristine and tranquil there, and the people are so friendly and passionate. They are really enthusiastic about life. When I was there, I stayed with a homestay family who were incredibly kind and courteous to me. I was deeply impressed and touched by their hospitality and friendliness. In spite of the cultural differences, I could still get

along well and harmoniously with them. Thankfully there were not any conflicts among us.

Staying with the local people really offered me a wonderful and phenomenal experience because I could completely immerse myself in their way of life. I really got an insight into the Australian culture and lifestyle. I did quite a lot of activities when I was there. I tried tobogganing, carting, and horse back riding for the first time. I also visited a number of different spectacular places. For me, I reckon the highlight of this study tour was the 'Buddy Programme' as I had a chance to attend lessons together with some local students. It is something that I always dream of. They treated me as if I were one of their classmates. They showed me around the school and shared with me their campus life. I really got a better understanding of the Aussie schools and students.



I have really learnt a great deal from this study tour, for instance, I have learnt to be more independent because I had to take good care of myself all the time when I was there. I have also learnt so much new English vocabulary and obviously I have really made significant improvements in my English studies. Since I spent most of the time with my homestay family, I inevitably had to speak in English quite spontaneously and confidently. I have really developed a great interest in English. Besides, this study tour has really reminded me of the importance of learning English. Undoubtedly English is really the most useful subject of all, and it is really useful to us when we travel overseas. Obviously this study tour enabled me to learn a lot outside the school. It has really broadened my horizons and perspectives, and it has really spiced up and enriched my routine life. I really did have a glorious time in Australia. It was absolutely a scrumptious experience that I will never forget for the rest of my life.



It's the first time I have organized an overseas study tour on behalf of the school. Spending two weeks in the Downunder, Australia, was an unforgettable and unique experience to me. I gained an invaluable experience of leadership. I could also meet new friends and learn new exotic things in the trip, especially the Australian culture.



My little friend, Nicolas at four, and I shared a good time in Coffs Harbour.



Team leader ~ Cheung Fu Wah, Frederick

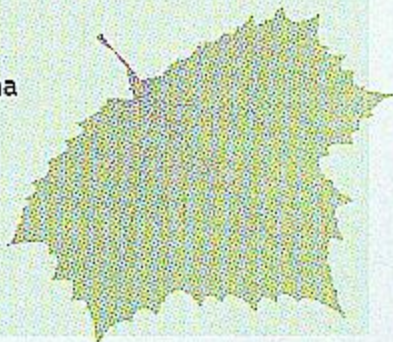


A happy moment with Martin, the singer!  
Team leader ~ Li Yan, Joy

The Australian Summer Tour brought students an invaluable experience. I saw students' great improvement in communicating with foreigners and taking care of themselves. We'll never forget the homestay families, the teachers, the campus, the sceneries and the tears and laughter we shared!

### 2006-2007 School Anniversary Writing Contest Results

F.1	Champion	Yau Sze Wan, Bonney
F.2-3	Champion	Cheung Ho Ching
F.4-5	Champion	Shea Wai Yip, Richy
F.6-7	Champion	Fan Man Wai, Katrina





## What do our students think of environmental protection in Hong Kong?

Everyone has to acknowledge the fact that the problem of air pollution is getting more and more serious in urban areas in Hong Kong. It is hard to disagree with this proposition.



To deal with this problem, the authorities have implemented various kinds of policies, such as afforesting our environment by planting more trees near the roads. They also organize workshops, send leaflets to the public and give talks on environmental protection in schools. What's more, they try to publicise the message of environmental protection through the media such as showing the advertisement on TV which promotes the 'Blue Sky Scheme'. Nevertheless, their efforts seem to be in vain. Hong Kong is still surrounded by an enormous amount of polluted air.

Furthermore, some of the citizens suggest that the best way to deal with air pollution is to have restrictions on car ownership. They believe that those gases released by the vehicles are the main source of pollution since the air quality is especially bad in the areas of heavy traffic. However, I don't think that it is the most effective way. Even if there are fewer private cars on the roads, Hong Kong's tremendous public transport will also release dangerous gases. As everyone should bear the responsibility, I think all residents should stop wasting energy. As long as we know that the over burning of coal and petrol will release a lot of toxic gases, we should adopt a minimal lifestyle.



All in all, in order to protect our environment and tackle the problem of air pollution, everyone must put effort into saving energy. By the way, students should also start saving energy. Hence, you should remember to turn off the light when there is no one in the classroom.

Carrie Ng (6B)

## What do our students think of environmental protection Hong Kong ?

Queenie Leung (6A) Zoe Chan (6A)

Q: Hi, Zoe! I read the newspaper yesterday and it is reported that global warming is getting more serious. You see, we're still wearing short-sleeved shirts in November now in Hong Kong.

Z: Yes. From the newspaper report, I also know that it snowed in Australia in summer time. What a horrible change! So we really need to do something to save the earth!



Q: In this case, we should use the 4Rs. They're reduce, reuse, recycle and replace. Do you have any new ideas?

Z: Yes. I think the easiest method is to use the recycling bins to collect the waste.

Q: That's a great idea! But what can we do with the collected materials? Zoe, I know that your mind is always full of interesting ideas. Can you suggest some ways to improve what we are doing?

Z: Of course, so easy! I think we can use those materials to build cottages!

Q: Cottage? Oh, you're really crazy and silly! But why do you have such an idea?

Z: Oh, because everyone needs a house! We can use those recycled materials to build some cottages for people.





## What do our students think of environmental protection Hong Kong?

Queenie Leung (6A) Zoe Chan (6A)

- Q: Please be realistic! I think we should sincerely suggest some ways to improve our environment. OK? Let me think about it. I think we can start at school. I suggest that we could set a rule that students should pay \$2 for downpayment when they buy canned and bottled drinks at the tuck shop. Unless they take the cans or bottles back for recycling, they can't get the \$2 back.
- Z: That's a good idea. Students care about money! This way can encourage them to return the cans and bottles. Also, we can recycle papers. Can we use papers to buy snacks?
- Q: Of course not! Don't be crazy again! It doesn't make sense. Your suggestion isn't logical! Can you be more serious?
- Z: OK! OK! Maybe we can hold a paper handicraft course or an environmental poster design competition! These are some ways to reuse and recycle papers.
- Q: I totally agree with you. Also we can hold a recycled paper making class. Students can learn how to produce newspaper from used papers.
- Z: What a great idea! If we do the 4Rs in our daily life, we can save our planet, just like the superman! Haha!
- Q: You are who you are, always crazy and silly. I hope that our schoolmates won't be like that and they can also do something to improve our school environment.
- Z: You're right!

### Chan Kwok Hung (6B)

Do you know which disease Hong Kong citizens contract most often? The answer is respiratory diseases. There is an astonishing figure showing that nearly one-third of the people in Hong Kong are suffering from that kind of disease. And the best explanation of this phenomenon is the high level of air pollution in Hong Kong.

As you know, Hong Kong is such a prosperous city filled with countless cars which emit enormous amounts of exhaust gas daily. Also, there are other kinds of gas emitted by the chimneys of restaurants or factories. These gases will pollute the air and result in lowering the quality of air. It is really a big threat to our health. This explains why so many people suffer from respiratory diseases.

In order to solve this problem, the Hong Kong Government has implemented different schemes. For example, there is a team set up by the Environment Protection Agency to monitor the atmospheric pollution levels with a view to control polluting emissions. Moreover, the Legislative Council has assented to enforce anti-pollution ordinances like increasing the chimney's height and frequently car-checking to improve the air quality.

In conclusion, it is believed that not only air pollution, but also other types of pollution are serious in Hong Kong. Besides setting up a new law, I think every Hong Kong citizen should have the responsibility to help improve the environment of Hong Kong because Hong Kong is our home.



## Recycling at Henrietta Secondary School



Two F4 students, Chan Yee Man (4C) and Sin Hiu Ying (4A) interviewed two of the teachers who assist with recycling at Henrietta Secondary School, Miss Chiu and Miss Fung.

Miss Chiu explained that Henrietta Secondary School has been using recycling bins at school for a few years. However, she doesn't think many students use them because they still don't have the concept of recycling.

Miss Fung, on the other hand, says that she encourages students to put the papers collected from the classrooms into the bins. Miss Chiu said that various activities are arranged to encourage students to recycle: on sports day, students are encouraged to recycle water bottles, and all students are expected to actively participate in the clean the school campus campaign.

When asked if recycling at school is important, both teachers agreed that it is. Miss Chiu said that a recycling programme can arouse students' awareness of environmental protection, while Miss Fung stressed the responsibility the school has to recycle rubbish.

Finally, the students asked the teachers to suggest ways to improve the recycling programme at Henrietta Secondary School. Miss Chiu had 3 suggestions:

1. to organise more interesting activities
2. to put up more posters about environmental protection
3. to organise a writing or drama competition about environmental protection

Miss Fung suggested giving a prize to the best class which recycles the most rubbish - and punishing the class which is the worst!



Several Form 4 students - Chan Yee Man (4C), Tam Sze Leung (4B), Lam Shan Nga (4D), Yéung Yiu Man (4B), Sin Hiu Ying (4A) and So Long Ho (4B) - also interviewed other students during lunchtime to find out both what they knew about recycling and how active they were in recycling.

Most students interviewed knew that paper and plastic bottles could be recycled at school, and four students mentioned aluminum cans. They all knew that the recycling bins could be found on the ground floor in the covered playground near the canteen.

However, only one student said he/she used the recycling bins every day. Most students said they only used them occasionally, and two said they never did because they either forgot or used the recycling bins at home.

Finally, the interviewers asked the students why they thought that recycling at school is important. The students gave some interesting answers.

- To prevent the depletion of the ozone layer, to stop the hole from getting bigger
- To protect the environment
- Because we use a lot of paper and many bottles at school. It is wasteful to throw them away
- To upgrade the environment
- To develop the recycling habit in students and educate them
- Because if we do not recycle, there will be nowhere to put rubbish and it will cause a lot of pollution
- To encourage students to become environmentally friendly and treasure the world's resources

It seems that most students are aware of the need for recycling and know about the programme in our school, but not all students are actively involved in recycling every day.

Thank you to Siu Wing Heng, Cheng Pui Yee, Lam Sze Fu, Wong Man Hay, Tobe Lee, and Tammy Wong for taking part in this interview.

